



Iris Court March 2025

Marshall Gowland Manor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><u>Locations Legend</u></p> <p>Great Room (GR) Pub Room (PR) Iris Neighbourhood (IN) Iris Recreation Room (IRR) Resident Room (RR)</p> <p>Neighborhoods (NH) Chapel (CH) Poppy Dining Room (PDR) Iris Dining Room (IDR)</p>							
<p>10:00 One to One Visits (NH) 2</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>2:00 Church Service (GR)</p>	<p>9:00 Group Exercise (IRR) 3</p> <p>9:30 RC Communion (RR)</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>1:00 General Store Open (GR)</p> <p>1:30 Musical Entertainment featuring Vic & the Campfire Band (GR)</p> <p>6:15 Word/Card Games (GR)</p>	<p>10:00 Rummage Bin (IN) 4</p> <p>10:00 Coffee Social (PR)</p> <p>12:00 New Elder Welcome Lunch (PR)</p> <p>1:30 Library Book Exchange (GR)</p> <p>1:30 Card/Board Games (IRR)</p> <p>6:15 Group Program (GR)</p>	<p>9:00 Group Exercise (IRR) 5</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>1:00 General Store Open (GR)</p> <p>1:30 BINGO! (GR)</p> <p>2:00 Pub Hour (PR)</p> <p>3:00 Pet Therapy Visits with Penny & Jennifer (RR)</p> <p>6:15 Recreational Activities (GR)</p>	<p>10:00 Coffee Social (PR) 6</p> <p>10:00 Rummage Bin (IN)</p> <p>10:00 Music and Manicures (IRR)</p> <p>1:30 Music with New Timers! (GR)</p> <p>5:45 Rosary Group (CH)</p> <p>6:15 Evening Bingo! (PR)</p>	<p>9:00 Group Exercise (IRR) 7</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>10:15 Make a Bouquet! (GR)</p> <p>1:00 General Store Open (GR)</p> <p>1:00 Ice Cream Galore (RR)</p> <p>1:30 Card/Board Games (IRR)</p> <p>2:00 Pub Hour (PR)</p>	<p>10:00 Coffee Social (PR) 1</p> <p>10:00 Rummage Bin (IN)</p> <p>10:30 Friendly Visits (RR)</p> <p>1:30 Group Program (GR)</p>	
<p>10:00 One to One Visits (NH) 9</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>2:00 Church Service (GR)</p>	<p>9:00 Group Exercise (IRR) 10</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>10:00 Hymn Sing (GR)</p> <p>1:00 General Store Open (GR)</p> <p>6:15 Word/Card Games (GR)</p>	<p>10:00 Residents' Council Meeting - Poppy D/R (PDR) 11</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>1:30 Card/Board Games (IRR)</p> <p>6:15 Group Program (GR)</p> <p>Happy 98th Birthday Irene!</p>	<p>9:00 Group Exercise (IRR) 12</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>1:00 General Store Open (GR)</p> <p>1:30 BINGO! (GR)</p> <p>2:00 Pub Hour (PR)</p> <p>3:00 Pet Therapy Visits with Penny & Jennifer (RR)</p> <p>6:15 Recreational Activities (GR)</p> <p>Happy 89th Birthday Ted!</p> <p>Happy 91st Birthday Marlene!</p>	<p>10:00 Coffee Social (PR) 13</p> <p>10:00 Rummage Bin (IN)</p> <p>10:00 Men's Coffee Social (IRR)</p> <p>1:15 Movie & Kernels Popcorn (GR)</p> <p>5:45 Rosary Group (CH)</p> <p>6:15 Evening Bingo! (PR)</p>	<p>9:00 Group Exercise (IRR) 14</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>1:00 General Store Open (GR)</p> <p>1:00 Ice Cream Galore (RR)</p> <p>1:30 Card/Board Games (IRR)</p> <p>2:00 Pub Hour (PR)</p>	<p>10:00 Coffee Social (PR) 15</p> <p>10:00 Rummage Bin (IN)</p> <p>10:30 Friendly Visits (RR)</p> <p>1:30 Seated Yoga (GR)</p> <p>Happy 94th Birthday Yvonne!</p>	
<p>10:00 One to One Visits (NH) 16</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>2:00 Church Service (GR)</p>	<p>9:00 Group Exercise (IRR) 17</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>1:00 General Store Open (GR)</p> <p>1:30 A Blast From The Past (GR)</p> <p>2:00 St.Patricks Day Pub (PR)</p> <p>6:15 Word/Card Games (GR)</p>	<p>10:00 Coffee Social (PR) 18</p> <p>10:00 Intergenerational visits (GR)</p> <p>10:00 Rummage Bin (IN)</p> <p>1:30 Card/Board Games (IRR)</p> <p>6:15 Group Program (GR)</p>	<p>9:00 Group Exercise (IRR) 19</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>10:00 Library Program with Lisa! (GR)</p> <p>1:00 General Store Open (GR)</p> <p>1:30 BINGO! (GR)</p> <p>2:00 Pub Hour (PR)</p> <p>3:00 Pet Therapy Visits with Penny & Jennifer (RR)</p> <p>6:15 Recreational Activities (GR)</p>	<p>10:00 Coffee Social (PR) 20</p> <p>10:00 Rummage Bin (IN)</p> <p>10:00 Musical Entertainment with The Trumpet Group (GR)</p> <p>1:30 Spring Planting (GR)</p> <p>5:45 Rosary Group (CH)</p> <p>6:15 Evening Bingo! (PR)</p>	<p>9:00 Group Exercise (IRR) 21</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>12:00 Ups and Downs Luncheon (GR)</p> <p>1:00 General Store Open (GR)</p> <p>1:00 Ice Cream Galore (RR)</p> <p>1:30 Card/Board Games (IRR)</p> <p>2:00 Pub Hour (PR)</p>	<p>10:00 Coffee Social (PR) 22</p> <p>10:00 Rummage Bin (IN)</p> <p>10:30 Friendly Visits (RR)</p> <p>1:30 Group Program (GR)</p>	
<p>10:00 One to One Visits (NH) 23</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>2:00 Church Service (GR)</p>	<p>9:00 Group Exercise (IRR) 24</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>10:00 Hymn Sing (GR)</p> <p>1:00 General Store Open (GR)</p> <p>6:15 Word/Card Games (GR)</p>	<p>10:00 Coffee Social (PR) 25</p> <p>10:00 Rummage Bin (IN)</p> <p>10:15 Oil Heritage Museum Presentation (GR)</p> <p>1:15 Music with Laura (IDR)</p> <p>6:15 Group Program (GR)</p>	<p>9:00 Group Exercise (IRR) 26</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>1:00 General Store Open (GR)</p> <p>1:30 BINGO! (GR)</p> <p>2:00 Pub Hour (PR)</p> <p>3:00 Pet Therapy Visits with Penny & Jennifer (RR)</p> <p>6:15 Recreational Activities (GR)</p>	<p>10:00 Coffee Social (PR) 27</p> <p>10:00 Rummage Bin (IN)</p> <p>1:30 Musical Entertainment featuring Randy Grey (GR)</p> <p>5:45 Rosary Group (CH)</p> <p>6:15 Evening Bingo! (PR)</p> <p>Happy 98th Birthday Gertrud</p>	<p>9:00 Group Exercise (IRR) 28</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>10:00 Library Craft (GR)</p> <p>1:00 General Store Open (GR)</p> <p>1:00 Ice Cream Galore (RR)</p> <p>1:30 Card/Board Games (IRR)</p> <p>2:00 Pub Hour (PR)</p>	<p>10:00 Coffee Social (PR) 29</p> <p>10:00 Rummage Bin (IN)</p> <p>10:30 Friendly Visits (RR)</p> <p>1:30 Seated Yoga (GR)</p>	
<p>10:00 One to One Visits (NH) 30</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Rummage Bin (IN)</p> <p>2:00 Church Service (GR)</p>	<p>9:00 Group Exercise (IRR) 31</p> <p>10:00 Coffee Social (PR)</p> <p>10:00 Hymn Sing (GR)</p> <p>10:00 Rummage Bin (IN)</p> <p>1:00 General Store Open (GR)</p> <p>1:00 Monte Carlo Casino (GR)</p> <p>6:15 Word/Card Games (GR)</p>						