



# January 2025

## Marshall Gowland Manor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Coffee Social (PR) <b>1</b> 1:30 Music with New Timers! (GR) 2:00 Pub Hour (PR) 3:00 Pet Therapy Visits with Penny & Jennifer (RR) 6:15 Recreational Activities (GR)	10:00 Coffee Social (PR) <b>2</b> 1:30 BINGO! (GR) 5:45 Rosary Group (CH) 6:15 Balloon Badminton (GR)	9:00 Group Exercise (IRR) <b>3</b> 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 1:30 Euchre (GR) 2:00 Pub Hour (PR)	10:00 Coffee Social (PR) <b>4</b> 10:30 Friendly Visits (RR) 1:30 BINGO! (GR)
10:00 One to One Visits (NH) <b>5</b> 10:00 Coffee Social (PR) 2:00 Church Service (GR)	9:00 Group Exercise (IRR) <b>6</b> 9:30 RC Communion (RR) 10:00 Coffee Social (PR) 10:00 Spiritual Visits (RR) 1:00 General Store Open (GR) 1:30 Music with Vic and the Camp Fire Band (GR) 6:15 Word/Card Games (GR)	10:00 Coffee Social (PR) <b>7</b> 12:00 New Elder Welcome Lunch (PR) 1:00 Library Book Exchange (GR) 1:30 Euchre (GR) 6:15 Group Program (GR)	9:00 Group Exercise (IRR) <b>8</b> 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 2:00 Pub Hour (PR) 3:00 Pet Therapy Visits with Penny & Jennifer (RR) 6:15 Recreational Activities (GR)	10:00 Coffee Social (PR) <b>9</b> 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)	9:00 Group Exercise (IRR) <b>10</b> 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 1:30 Euchre (GR) 2:00 Pub Hour (PR)	10:00 Coffee Social (PR) <b>11</b> 10:30 Friendly Visits (RR) 1:30 Group Program (GR)
10:00 One to One Visits (NH) <b>12</b> 10:00 Coffee Social (PR) 2:00 Church Service (GR)	9:00 Group Exercise (IRR) <b>13</b> 10:00 Coffee Social (PR) 10:00 Hymn Sing (GR) 11:00 Spiritual Visits (RR) 1:00 General Store Open (GR) 6:15 Word/Card Games (GR)	10:00 Residents' Council Meeting - Ivy D/R (IDR) <b>14</b> 10:00 Coffee Social (PR) 1:30 Larry Plays the Oldies (GR) 6:15 Group Program (GR)	9:00 Group Exercise (IRR) <b>15</b> 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 2:00 Pub Hour (PR) 3:00 Pet Therapy Visits with Penny & Jennifer (RR) 6:15 Recreational Activities (GR)	10:00 Coffee Social (PR) <b>16</b> 1:00 Movie & Kernals Popcorn (GR) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)	9:00 Group Exercise (IRR) <b>17</b> 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 1:30 Euchre (GR) 2:00 Pub Hour (PR)	10:00 Coffee Social (PR) <b>18</b> 10:30 Friendly Visits (RR) 1:30 Group Program (GR)
10:00 One to One Visits (NH) <b>19</b> 10:00 Coffee Social (PR) 2:00 Church Service (GR)	9:00 Group Exercise (IRR) <b>20</b> 10:00 Coffee Social (PR) 10:00 Spiritual Visits (RR) 1:00 General Store Open (GR) 1:30 National Cheese Day Social (GR) 6:15 Word/Card Games (GR)	10:00 Coffee Social (PR) <b>21</b> 1:30 Winter Carnival (GR) 6:15 Group Program (GR)	9:00 Group Exercise (IRR) <b>22</b> 10:00 Coffee Social (PR) 10:15 Library Program with Lisa! (GR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 2:00 Pub Hour (PR) 3:00 Pet Therapy Visits with Penny & Jennifer (RR) 6:15 Recreational Activities (GR)	10:00 Coffee Social (PR) <b>23</b> 12:00 Chinese Take-Out Luncheon (GR) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)	9:00 Group Exercise (IRR) <b>24</b> 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 1:30 Euchre (GR) 2:00 Pub Hour (PR)	10:00 Coffee Social (PR) <b>25</b> 10:30 Friendly Visits (RR) 1:30 Group Program (GR)
10:00 One to One Visits (NH) <b>26</b> 10:00 Coffee Social (PR) 2:00 Church Service (GR)	9:00 Group Exercise (IRR) <b>27</b> 10:00 Coffee Social (PR) 10:00 Hymn Sing (GR) 11:00 Spiritual Visits (RR) 1:00 General Store Open (GR) 6:15 Word/Card Games (GR)	10:00 Coffee Social (PR) <b>28</b> 10:15 Oil Heritage Museum Presentation (GR) 1:30 Euchre (GR) 6:15 Group Program (GR)	9:00 Group Exercise (IRR) <b>29</b> 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 2:00 Pub Hour (PR) 3:00 Pet Therapy Visits with Penny & Jennifer (RR) 6:15 Recreational Activities (GR)	10:00 Coffee Social (PR) <b>30</b> 1:30 A Blast From The Past (GR) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)	9:00 Group Exercise (IRR) <b>31</b> 10:00 Library Craft (GR) 10:00 National Hot Chocolate Day @ Coffee Social (PR) 10:00 Library Craft (GR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 1:30 Euchre (GR) 2:00 Pub Hour (PR)	