












February 2023- Poppy Marshall Gowland Manor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>9:00 Tasks and Activities 1</p> <p>10:00 Coffee Social</p> <p>1:00 Tuck Shop Open</p> <p>1:30 BINGO!</p> <p>6:00 Small Group Program</p>	<p>Ground Hog Day 2</p> <p>9:00 Morning Exercise</p> <p>10:00 Coffee Social</p> <p>10:00 Fun & Fitness</p> <p>6:00 Small Group Program</p> <p>6:00 Rosary Group</p> 	<p>9:00 Friendly Visits 3</p> <p>10:00 Music and Manicures</p> <p>10:00 Coffee Social</p> <p>1:00 Tuck Shop Open</p> <p>1:00 Ice Cream Galore</p> <p>1:00 Pub Hour and Checkers</p> 	<p>10:00 Coffee Social 4</p> <p>10:00 Friendly Visits</p> <p>1:30 Group Program</p>
<p>10:00 Coffee Social 5</p> <p>10:00 One to One Visits</p> <p>2:00 Church Service</p> 	<p>9:00 One to One Visits 6</p> <p>9:30 RC Communion</p> <p>10:00 Coffee Social</p> <p>10:00 Hymn Sing</p> <p>1:00 Tuck Shop Open</p> <p>6:00 Small Group Program</p>	<p>9:00 Morning Exercise 7</p> <p>10:00 Coffee Social</p> <p>10:00 Fun & Fitness</p> <p>1:15 Music Therapy with Laura</p> <p>1:30 Bible Study</p> <p>1:30 Library Book Exchange</p> <p>6:00 Small Group Program</p>	<p>9:00 Tasks and Activities 8</p> <p>10:00 Coffee Social</p> <p>1:00 Tuck Shop Open</p> <p>1:30 BINGO!</p> <p>6:00 Small Group Program</p> 	<p>9:00 Morning Exercise 9</p> <p>10:00 Coffee Social</p> <p>10:00 Board Games</p> <p>2:00 Featured Snack Cart</p> <p>6:00 Small Group Program</p> <p>6:00 Rosary Group</p>	<p>9:00 Friendly Visits 10</p> <p>10:00 Music and Manicures</p> <p>10:00 Coffee Social</p> <p>1:00 Tuck Shop Open</p> <p>1:00 Ice Cream Galore</p> <p>1:00 Pub Hour and Checkers</p>	<p>10:00 Coffee Social 11</p> <p>10:00 Friendly Visits</p> <p>1:30 Group Program</p> 
<p>10:00 Coffee Social 12</p> <p>10:00 One to One Visits</p> <p>2:00 Church Service</p> 	<p>9:00 One to One Visits 13</p> <p>10:00 Coffee Social</p> <p>10:00 Music and Manicures</p> <p>1:00 Tuck Shop Open</p> <p>1:30 Music with Vic and the Camp Fire Band</p> <p>6:00 Small Group Program</p>	<p>9:00 Morning Exercise 14</p> <p>10:00 Coffee Social</p> <p>10:00 Crafts</p> <p>10:00 Fun & Fitness</p> <p>1:30 Bible Study</p> <p>1:30 Valentine's Day visits and Special Treats</p> <p>6:00 Small Group Program</p> 	<p>9:00 Tasks and Activities 15</p> <p>10:00 Coffee Social</p> <p>10:00 Pet Therapy Visits</p> <p>1:00 Tuck Shop Open</p> <p>1:30 BINGO!</p> <p>6:00 Small Group Program</p>	<p>9:00 Morning Exercise 16</p> <p>10:00 Coffee Social</p> <p>10:00 Library Program</p> <p>10:00 Lambton Mall Outing</p> <p>2:00 Snacks and Chats</p> <p>6:00 Small Group Program</p> <p>6:00 Rosary Group</p>	<p>9:00 Friendly Visits 17</p> <p>10:00 Coffee Social</p> <p>12:00 McHappy Day Luncheon</p> <p>1:00 Tuck Shop Open</p> <p>1:00 Ice Cream Galore</p> <p>2:00 Pub Hour</p> 	<p>10:00 Coffee Social 18</p> <p>10:00 Friendly Visits</p> <p>1:30 Group Program</p>
<p>10:00 Coffee Social 19</p> <p>10:00 One to One Visits</p> <p>2:00 Church Service</p> 	<p>9:00 One to One Visits 20</p> <p>10:00 Coffee Social</p> <p>10:00 Hymn Sing</p> <p>1:00 Tuck Shop Open</p> <p>6:00 Small Group Program</p> 	<p>8:00 Sunrise Breakfast 21</p> <p>9:00 Morning Exercise</p> <p>10:00 Coffee Social</p> <p>1:30 Bible Study</p> <p>6:00 Small Group Program</p> 	<p>9:00 Tasks and Activities 22</p> <p>10:00 Coffee Social</p> <p>1:00 Tuck Shop Open</p> <p>1:30 BINGO!</p> <p>6:00 Small Group Program</p> 	<p>9:00 Morning Exercise 23</p> <p>10:00 Coffee Social</p> <p>10:30 Bowling & Lunch at Marcin Bowl!</p> <p>6:00 Small Group Program</p> <p>6:00 Rosary Group</p> 	<p>9:00 Friendly Visits 24</p> <p>10:00 Coffee Social</p> <p>10:00 Library Craft Collaboration</p> <p>1:00 Tuck Shop Open</p> <p>1:00 Ice Cream Galore</p> <p>1:00 Pub Hour and Checkers</p> 	<p>10:00 Coffee Social 25</p> <p>10:00 Friendly Visits</p> <p>1:30 Group Program</p> <p>Happy Birthday Sandy!</p> 
<p>10:00 Coffee Social 26</p> <p>10:00 One to One Visits</p> <p>2:00 Church Service</p> 	<p>9:00 One to One Visits 27</p> <p>10:00 Coffee Social</p> <p>10:00 Recreational Games</p> <p>1:00 Tuck Shop Open</p> <p>1:30 Musical Entertainment featuring Randy Grey</p> <p>6:00 Small Group Program</p>	<p>9:00 Morning Exercise 28</p> <p>10:00 Coffee Social</p> <p>10:00 Crafts</p> <p>10:00 Fun & Fitness</p> <p>1:30 Bible Study</p> <p>6:00 Small Group Program</p> 				