








July 2023

North Lambton Lodge

Oak Court



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Canada Day 1 9:30 Bingo 10:00 Outdoor Sensory 1:30 Canada Day Celebrations with Blast From The Past
2 9:30 Virtual Church 10:00 Outdoor Sensory 10:00 Coffee 1:30 Entertainment with Vic & The Campfire Band	3 Happy Birthday Quebec 9:30 Tuck Shop 9:30 Bingo 10:00 Outdoor Sensory 10:00 Coffee 12:00 French Fry Lunch 1:15 Arm Chair Travel (Quebec) 6:00 1:1 Visits	4 9:30 Virtual Bible Study 10:00 Outdoor Sensory 10:00 Coffee 10:15 Java Music Club 11:00 Group Exercise 1:30 Entertainment with Judy Vandenberg 6:00 Small Group Program	5 8:00 Breakfast Group 9:30 Tuck Shop 10:00 Coffee 11:00 Sing Along 1:00 Exercise Class/OCL 2:00 Travelling Ice Cream 3:15 Men's Group 6:15 Down Town Jazz	6 9:45 Sing Along With Chaplain Mike (OAK) 10:00 Outdoor Sensory 12:00 Hot Dog BBQ 1:00 1-1 Spiritual Visits With Chaplain Mike 1:15 Board Games 6:00 Small Group Program	7 10:00 Outdoor Sensory 10:00 Newspaper Clips 11:00 Group Exercise 1:00 Bike Rides 6:00 1:1 Visits	8 9:30 Bingo 10:00 Outdoor Sensory 1:00 Manicures 1:30 Karaoke
9 9:30 Church Hosted By The Baptist Church-AUD 10:00 Outdoor Sensory 10:00 Coffee 1:30 Entertainment with James Skarnikat	10 9:30 Tuck Shop 9:30 Bingo 10:00 Outdoor Sensory 10:00 Coffee 1:15 Uno Card Game 2:00 Mobile Library 6:00 1:1 Visits	11 9:30 Virtual Bible Study 10:00 Outdoor Sensory 10:00 Coffee 10:15 Java Music Club 11:00 Group Exercise 1:15 Painting 6:00 Small Group Program	12 9:30 Tuck Shop 10:00 Outdoor Sensory 10:00 Coffee 11:00 Sing Along 1:00 Exercise Class/OCL 3:15 Men's Group 6:00 1:1 Visits	13 9:45 Sing Along With Chaplain Mike (OAK) 10:00 Outdoor Sensory 12:00 Picnic Lunch 1:00 1-1 Spiritual Visits 1:15 Board Games 2:00 Travelling Ice Cream 6:00 Small Group Program	14 10:00 Outdoor Sensory 10:00 Newspaper Clips 11:00 Group Exercise 1:00 Bike Rides 6:00 1:1 Visits	15 9:30 Bingo 10:00 Outdoor Sensory 1:00 Manicures 1:15 Water Balloon Toss 
16 9:30 Church hosted By Steve Stellingwerf-AUD 10:00 Outdoor Sensory 10:00 Coffee 1:30 Patio Trivia Social	17 9:30 Tuck Shop 9:30 Bingo 10:00 Outdoor Sensory 10:00 Coffee 1:15 Let's Make a Piñata 6:00 1:1 Visits	18 9:30 Virtual Bible Study 10:00 Coffee 10:00 Food Talk 10:30 Residents' Council 11:00 Group Exercise 1:30 Library Art Program	19 9:30 Tuck Shop 10:00 Outdoor Sensory 10:00 Coffee 11:00 Sing Along 1:00 Exercise Class/OCL 2:00 Travelling Ice Cream 3:00 Java Music Club 6:15 Campfire	20 9:45 Sing Along With Chaplain Mike (OAK) 10:00 Let's Make a Piñata 12:00 Hamburger BBQ 1:00 1-1 Spiritual Visits With Chaplain Mike 1:15 Board Games 6:00 Small Group Program	21 10:00 Outdoor Sensory 10:00 Newspaper Clips 10:30 Catholic Mass 11:00 Group Exercise 1:00 Bike Rides 6:00 1:1 Visits	22 9:30 Bingo 10:00 Outdoor Sensory 1:00 Manicures 1:30 Pub with Bob Barnett
23 9:30 Virtual Church 10:00 Outdoor Sensory 10:00 Coffee 1:00 Let's Make a Piñata (Oak Court) 1:30 Popsicles On The Patio	24 9:30 Tuck Shop 9:30 Bingo 10:00 Outdoor Sensory 10:00 Coffee 1:15 Shuffleboard 6:00 1:1 Visits 	25 9:30 Virtual Bible Study 10:00 Outdoor Sensory 10:00 Coffee 10:15 Java Music Club 11:00 Group Exercise 1:30 Piñata Party 6:00 Small Group Program 	26 9:30 Tuck Shop 10:00 Coffee 11:00 Sing Along 1:00 Exercise Class/OCL 1:00 Manicures 2:00 Travelling Ice Cream 3:15 Men's Group 6:00 1:1 Visits	27 9:45 Sing Along With Chaplain Mike (OAK) 10:00 Outdoor Sensory 1:00 1-1 Spiritual Visits With Chaplain Mike 1:00 Musical Bingo 1:30 Activity Planning Meeting 6:00 Small Group Program	28 10:00 Outdoor Sensory 10:00 Newspaper Clips 11:00 Group Exercise 1:00 Manicures 6:00 1:1 Visits	29 9:30 Bingo 10:00 Outdoor Sensory 1:30 Trivia & Social 
30 9:30 Church hosted By Steve Stellingwerff 10:00 Outdoor Sensory 10:00 Coffee 1:15 Movie & Popcorn	31 9:30 Tuck Shop 9:30 Bingo 10:00 Outdoor Sensory 10:00 Coffee 11:00 Highland Glen Picnic 6:00 1:1 Visits					