



July 2023 - Iris Court Marshall Gowland Manor



Calendar Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 One to One Visits (NH) 2 10:00 Coffee Social (PR) 2:00 Church Service (GR) 	9:30 RC Communion (RR) 3 10:00 Music & Manicures (IRR) 1:00 General Store Open (GR) 1:00 Outdoor Social (PP) 1:30 Live Music featuring Randy Grey (GR) 2:30 Group Exercise (IRR) 6:00 Word/Card Games (GR)	10:00 One to One Visits (NH) 4 1:00 Music with Laura (IDR) 1:30 Spiritual Visits (CH) 1:30 Pet Therapy Visits with Penny & Jennifer (RR) 1:30 Library Book Exchange (GR) 1:30 Watermelon Social (PP) 6:00 Music & More (GR)	9:00 Group Exercise (IRR) 5 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 6:00 Outdoor Walk & Talk (GR)	10:00 Coffee Social (PR) 6 10:00 Let's Bake Together (IRR) 1:30 Tea and Baking Social (IRR) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)	9:00 Group Exercise (IRR) 7 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 1:30 Live Music featuring Mike Doupe (GR) 2:00 Pub Hour (PR)	10:00 One to One Visits (NB) 1 10:00 Friendly Visits (RR) 10:00 Coffee Social (PR) 1:30 Canada Day Social (GR)
10:00 Coffee Social (PR) 9 10:00 One to One Visits (NH) 2:00 Church Service (GR)	10:00 Hymn Sing (GR) 10 1:00 General Store Open (GR) 1:30 Virtual Trivia (IRR) 2:30 Group Exercise (IRR) 6:00 Word/Card Games (GR)	10:00 Residents' Council Meeting - Poppy D/R (PDR) 11 1:15 Music Therapy with Laura (NB) 1:30 Spiritual Visits (CH) 1:30 Pet Therapy Visits with Penny & Jennifer (RR) 1:30 Susie Q Sing Along (GR) 6:00 Music & More (GR)	9:00 Group Exercise (IRR) 12 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 6:00 Outdoor Walk & Talk (GR)	10:00 Coffee Social (PR) 13 10:00 Outdoor Strolls (PP) 1:30 Friendly Visits (RR) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)	9:00 Group Exercise (IRR) 14 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 2:00 Pub Hour (PR)	10:00 Friendly Visits (RR) 15 10:00 Coffee Social (PR) 1:30 Group Program (GR)
10:00 Coffee Social (PR) 16 10:00 One to One Visits (NH) 2:00 Church Service (GR) 	10:00 Manicures & Music (IRR) 17 1:00 General Store Open (GR) 1:30 Live Music featuring Lise Michaud (GR) 2:30 Group Exercise (IRR) 6:00 Word/Card Games (GR)	10:00 Moore Museum Guided Tour & Picnic Lunch (Com) 18 1:30 Spiritual Visits (CH) 1:30 Pet Therapy Visits with Penny & Jennifer (RR) 6:00 Music & More (GR)	9:00 Group Exercise (IRR) 19 10:00 Coffee Social (PR) 12:00 National Hot-Dog Day Luncheon (GR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 6:00 Outdoor Walk & Talk (GR)	10:00 Coffee Social (PR) 20 10:00 Library Program with Lisa! (PR) 1:00 Jays vs Padres on the Large Screen/Snacks & Suds (GR) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)	9:00 Group Exercise (IRR) 21 10:00 Coffee Social (PR) 10:30 Cassino Outing (Com) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 2:00 Pub Hour (PR)	10:00 Friendly Visits (RR) 22 10:00 Coffee Social (PR) 1:30 Group Program (GR)
10:00 Coffee Social (PR) 23 10:00 One to One Visits (NH) 2:00 Church Service (GR)	10:00 Hymn Sing (GR) 24 1:00 General Store Open (GR) 1:30 Craft Corner (IRR) 2:30 Group Exercise (IRR) 6:00 Word/Card Games (GR)	11:30 Lunch at Purdy's Fishery (C) 25 1:30 Spiritual Visits (CH) 1:30 Pet Therapy Visits with Penny & Jennifer (RR) 2:00 Friendly Visits (RR) 6:00 Music & More (GR)	9:00 Group Exercise (IRR) 26 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 6:00 Outdoor Walk & Talk (GR)	10:00 Coffee Social (PR) 27 10:30 Fries Under the Bridge (Com) 2:00 Outdoor Strolls (PP) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)	9:00 Group Exercise (IRR) 28 10:00 Coffee Social (PR) 10:00 Library Craft Collaboration (GR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 2:00 Pub Hour (PR)	10:00 Friendly Visits (RR) 29 10:00 Coffee Social (PR) 1:30 Group Program (GR)
10:00 Coffee Social (PR) 30 10:00 One to One Visits (NH) 2:00 Church Service (GR)	10:00 Manicure's and Music (IRR) 31 1:00 General Store Open (GR) 1:30 Let's Bake Together (IRR) 2:30 Group Exercise (IRR) 6:00 Word/Card Games (GR)		Locations Legend Great Room (GR) Pub Room (PR) Iris Recreation Room (IRR) Resident Room (RR) Chapel (CH) Neighborhoods (NH) Poppy Patio (PP) Community (Com) Neighborhood (NB) Iris Dining Room (IDR) Poppy Dining Room (PDR) Community (C)			